



Ireland's Highest Lunch Menu

STARTERS

HOMEMADE SOUP | £4.00 | GF. V

Freshly made soup of the day (please ask your server) served with freshly baked bread roll

GARLIC AND CHORIZO MELT | £5.00 | V

Garlic bread slices topped with melted Irish cheddar cheese and crispy chorizo slices

TRIO OF MELON COCKTAIL | £5.00 | GF. V

A selection of melons served with a scoop of refreshing fruit sorbet

SPICY CHICKEN WINGS | £5.00 | GF

Chicken wings tossed in franks' Hot Sauce or a BBQ dip, served on a bed of fresh salad leaves

DUCK, MANGO & CHILLI SALAD | £6.00 | GF

Warm duck breast marinated in oriental spices served on a crisp salad and drizzled with mango and chilli

SALT AND CHILLI CHICKEN | £5.00

Breaded chicken strips tossed with peppers, onions and our secret blend of spices. Drizzled with chilli and garlic

MAINS

DAILY SPECIAL

Please ask your server

WEE IRISH FRY | £6.00

1 Pork Sausage, 1 Bacon, Fried Egg, Clonakilty Black Pudding, 1 Soda Farl, 1 Potato Bread, Grilled Tomato & Beans

IRELANDS HIGHEST FRY | £9.00

2 Pork Sausages, 2 Bacon, Fried Egg, 2 Soda Farl, 2 Potato Bread, Clonakilty Black Pudding, Tomato & Beans

TRADITIONAL IRISH STEW | £7.00 | GF

Slow braised beef with carrots, leeks and local potatoes, served with wheaten bread

PONDEROSA WRAP | £8.00

Ribbons of Beef pan-fried with mushrooms and onions wrapped in a tortilla with iceberg lettuce & a pepper sauce dip

ADD SOUP, SALAD OR CHIPS TO YOUR WRAP FOR £2.00

VEGGIE WRAP | £8.00 | V

Spinach, Sundried Tomatoes, roasted red peppers and cream cheese wrapped in a warm tortilla

ADD SOUP, SALAD OR CHIPS TO YOUR WRAP FOR £2.00

LASAGNE | £9.50

Beef Lasagne topped with cheese and served with garlic bread and salad garnish

ROAST CHICKEN DINNER | £10.00 | GF

Breast of Chicken served with stuffing, creamy mash and seasonal vegetables. Topped with a rich gravy

GF: Gluten Free **V:** Vegetarian

INDICATE DISHES THAT CAN BE ADAPTED TO SUIT YOUR REQUIREMENTS, PLEASE LET YOUR SERVER KNOW SO OUR CHEFS CAN ADAPT ACCORDINGLY!



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MAINS

BATTERED CHICKEN GOUJONS | £10.00

Served with a fresh salad garnish, a dipping sauce of your choice and homemade chips

CHICKEN CAESAR SALAD | £10.00 | GF

Grilled Chicken breast served with cos lettuce, bacon, parmesan shavings, herbed croutons and Caesar dressing

CAJUN SALMON CAESAR SALAD | £15.00 | GF

Cajun spiced Salmon fillet served with cos lettuce, parmesan shavings, herbed croutons and Caesar dressing

6oz STEAK BURGER | £10.00

Served with relish, gem lettuce, sliced tomato, cheddar cheese & bacon in a burger bap with homemade chips

CHICKEN FILLET BURGER | £10.00

Breaded chicken fillet burger served with gem lettuce, tomato, mayonnaise and homemade chips

PENNE AU GRATIN | £9.50 | V

Penne pasta with pan-fried vegetables in a rich tomato sauce, topped with Irish cheddar & served with garlic bread

BATTERED COD | £13.00

Freshly battered Cod served with homemade chips, mushy peas, tartar sauce and a wedge of lemon

STEAKS

8oz RUMP STEAK | £16.00 | GF

10z SIRLOIN STEAK | £19.00 | GF

16oz TOMAHAWK STEAK [RIBEYE ON THE BONE] | £22.00 | GF

Our Steaks are supplied by our local Butchers, McAtamney's. All their meat is hand-picked, prime & locally sourced. **All Steaks are served with grilled field mushroom, whole grilled tomato and a choice of side and sauce**

SIDES | £3.00

Homemade Chips | **Garlic Chips** | Salt n Chilli Chips | **Mash GF** | Champ **GF** | **Onion Rings** | Tobacco Onions
Selection of Veg GF | Side Salad **GF** | **Tossed Salad GF** | Baby Boiled Potatoes **GF**

SAUCE BOATS | £3.00

Whiskey Sauce | **Pepper Sauce** | Roast Gravy | **Bacon & Leek Cream**
ALL OUR SAUCES ARE GLUTEN FREE

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