

LUNCH MENU



the ponderosa

IRELAND'S HIGHEST BAR & RESTAURANT

Ireland's Highest Lunch Menu

Our produce is always fresh and we use only the best local sourced ingredients. The menu is large and varied and offers traditional Irish cuisine, reflecting on the cultural diversity with a modern yet classical ambience juxtaposed together to make The Ponderosa an unforgettable experience. We hope you think so too!

Please inform your server of any food allergies or dietary restrictions

The Ponderosa is proud to be working with local Irish suppliers:



LUNCH

WEE IRISH FRY | £7.00

1 Pork Sausage, 1 Bacon, Fried Egg, 1 Soda Farl, 1 Potato Bread, Clonakilty Black Pudding, Tomato & Beans

IRELANDS HIGHEST FRY | £9.00

2 Pork Sausages, 2 Bacon, Fried Egg, 2 Soda Farl, 2 Potato Bread, Clonakilty Black Pudding, Tomato & Beans

SANDWICHES £4.00

-CORNATION CHICKEN

-TUNA AND RED ONION

-EGG, MAYO & SCALLION

-CHEESE AND TOMATO

SOUP COMBO | £2.00 EXTRA

SANDWICH PLATTER | £15.00

Chef's selection of our daily sandwiches. Suitable for up to 5 persons

TRADITIONAL IRISH STEW | £7.00 | GF

Slow braised beef with carrots, leeks and local potatoes, served with wheaten bread

FRESH BAKED SCONES | £3.00

Served warm with butter rosette, jam and fresh whipped cream

Choose from: **FRUIT | PLAIN | WHEATEN | CHERRY**

MUFFINS & TRAYBAKES | £2.00

Carrot cake slice

Chocolate & Blueberry Muffin

PANINIS £6.50

-GOATS CHEESE, PEPPERS AND RED ONION | V

-HAM, SUNDRIED TOMATOES AND BRIE

-CHICKEN, MOZZARELLA, PEPPERONI, PARMESAN AND MARINARA SAUCE

ADD SOUP, CHIPS OR SALAD
TO YOUR PANINI | £2.00

GF: Gluten Free V: Vegetarian

INDICATE DISHES THAT CAN BE ADAPTED TO SUIT YOUR REQUIREMENTS, PLEASE LET YOUR SERVER KNOW SO OUR CHEFS CAN ADAPT ACCORDINGLY!