



Ireland's Highest Lunch Menu

Our produce is always fresh and we use only the best local sourced ingredients.

The menu is large and varied and offers traditional Irish cuisine, reflecting on the cultural diversity with a modern yet classical ambiance juxtaposed together to make The Ponderosa an unforgettable experience.

We hope you think so too!

Please inform your server of any food allergies or dietary restrictions

The Ponderosa is proud to be working with local Irish suppliers:



STARTERS

FARMHOUSE BREAD BOARD | £5.00

(BASED ON 2 PEOPLE SHARING)

A selection of deliciously warm & soft country farmhouse breads served with butter rosettes, olives and oils

HOMEMADE SOUP | £4.00 | GF. V

Freshly made soup of the day (please ask your server) served with wheaten bread

PONDEROSA DUCK SPRING ROLL | £6.00

Crispy shredded duck infused with scallions, garlic, beansprouts and a touch of five spice. Served with Hoi Sin sauce on the side

MELON COCKTAIL | £5.00 | GF. V

A selection of melons served with a scoop of refreshing fruit sorbet

SPICY CHICKEN WINGS | £5.00 | GF

Chicken wings tossed in franks' Hot Sauce served on a bed of fresh salad leaves

HOMEMADE FISHCAKE | £6.00

A classic fishcake with smoked fish, salmon, cod and king prawns. Served with a salad garnish & tartar sauce

IRISH FRY

WEE IRISH FRY | £7.00

1 Pork Sausage, 1 Bacon, Fried Egg, 1 Soda Farl, 1 Potato Bread, Clonakilty Black Pudding, Tomato & Beans

IRELANDS HIGHEST FRY | £9.00

2 Pork Sausages, 2 Bacon, Fried Egg, 2 Soda Farl, 2 Potato Bread, Clonakilty Black Pudding, Tomato & Beans

PONDEROSA FAVOURITES

TRADITIONAL IRISH STEW | £7.00 | GF

Slow braised beef with carrots, leeks and local potatoes, served with wheaten bread

BATTERED COD | £13.00

Freshly battered Cod served with homemade chips, mushy peas, tartar sauce and a wedge of lemon

MACARONI CHEESE | £10.00 | V

Macaroni pasta loaded with a cheesy sauce using mature Irish cheddar, served with garlic bread and salad garnish

BATTERED CHICKEN GOUJONS | £10.00

Served with a fresh salad garnish, a dipping sauce of your choice and homemade chips

HOMEMADE FISHCAKES | £12.00

Classic fishcakes with smoked fish, salmon, cod and king prawns. Served with chips, salad garnish & tartar sauce

FILLED CIABATTA £6.50

Toasted ciabatta with a filling from the selection below, served with salad garnish & our creamy homemade slaw

GOATS CHEESE, RED ONION & BACON

CHICKEN, CRANBERRY & BRIE

HAM, TOMATO, ONIONS & IRISH CHEDDAR

VEGGIE CIABATTA V

Please choose from any of the 3 ingredients listed above

Add soup, salad or chips to your ciabatta for £2

GF: Gluten Free **V:** Vegetarian

INDICATE DISHES THAT CAN BE ADAPTED TO SUIT YOUR REQUIREMENTS, PLEASE LET YOUR SERVER KNOW SO OUR CHEFS CAN ADAPT ACCORDINGLY!



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SALADS

CAJUN SALMON CAESAR SALAD | £15.00 | GF

Cajun spiced Salmon fillet served with cos lettuce, parmesan shavings, herbed croutons and Caesar dressing

CHICKEN CAESAR SALAD | £12.00 | GF

Grilled Chicken breast served with cos lettuce, bacon, parmesan shavings, herbed croutons and Caesar dressing

BURGERS

PONDEROSA 6oz STEAK BURGER | £10.00

Served with relish, gem lettuce, sliced tomato, cheddar cheese & bacon in a burger bap with homemade chips

VEGGIE BURGER | £10.00 | V

Served with relish, gem lettuce, sliced tomato in a burger bap with homemade chips

STEAKS

8oz RUMP STEAK | £16.00 | GF

10z SIRLOIN STEAK | £19.00 | GF

16oz TOMAHAWK STEAK | £22.00 | GF [RIBEYE ON THE BONE]

All Steaks are supplied by our local Butcher, McAtamney's. All their meat is hand-picked, prime & locally sourced. **Please allow 25mins for well-done steaks**

All steaks are served with rocket, grilled tomato and a choice of side and sauce

PEPPERCORN SAUCE | GRAVY | BACON & LEEK CREAM

All our sauces are gluten free

SIDES £3.50

Homemade Chips | Garlic Chips | Salt & Chilli Chips | Sweet Potato Fries

Mash GF | Champ GF | Baby Boiled Potatoes GF

Onion Rings | Tobacco Onions | Coleslaw | Garlic Bread

Selection of Veg GF | Tossed Salad GF | Sautéed Mushrooms GF

Sauce Boats:

Pepper sauce GF | Gravy GF | Bacon & Leek Cream GF

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