

## Starters

**SOUP OF THE DAY (V,GFO) £4.50**  
Homemade soup served with house baked wheaten bread

**CHICKEN CAESAR SALAD (GFO) £6.50**  
**Main Course £11.00**  
Grilled chicken, gem lettuce, crispy bacon, garlic and herb croutons, Caesar dressing, parmesan shavings

**PRAWN COCKTAIL (GFO) £6.50**  
North Atlantic prawns, shredded lettuce, tomato, Marie Rose sauce with house baked wheaten bread.

**STICKY BBQ WINGS (C) £7.00**  
Confit chicken wings, glazed in hickory BBQ sauce, served with tossed salad and a blue cheese dip

**GARLIC MUSHROOMS (V) £6.50**  
Golden fried breaded mushrooms, served with mixed leaf salad and garlic alioi

**SALT AND CHILLI SQUID £6.50**  
Crispy fried shredded squid, tossed with our Salt 'n' Chilli mix, spring onions and bell peppers, served with lemon mayo

**BANG BANG CHICKEN (N) £7.00**  
Tender Chicken fillet strips in a light batter, tossed with satay sauce and crispy veg, served on a bed of salad

## Mains

**FRY £11.00 (Available until 3pm)**  
2 sausages, 2 bacon rashers, soda farl, potato bread, Clonakilty black pudding, grilled tomato, mushrooms, fried egg and beans

### CHICKEN DISHES

**CHICKEN TOWER (GFO) £14.00**  
Grilled chicken fillet, creamy mash potatoes, crispy tobacco onions, and choice of house sauce; bacon & leek, peppercorn sauce, or roast gravy

**CHICKEN GOUJONS £12.00**  
Homemade breaded chicken goujons, tossed salad, homemade chips and a choice of dip

**BLACKENED CHICKEN £14.50**  
Grilled chicken fillet marinated in a cajun spice, served with mixed salad, sweet potato fries and chilli mayo dip

**VEGGIE FRY £10.00 (Available until 3pm)**  
(Vegan Option Available)  
2 fried eggs, soda farl, potato bread, grilled tomato, mushrooms, vegan sausages and beans

**SATAY CHICKEN (N) £14.50**  
Shredded chicken strips tossed with spring onion, peppers and satay sauce, served with salad garnish with a choice of rice or chips  
*1/2 and 1/2 £1.50 extra*

**THAI RED CHICKEN CURRY (C) £14.50**  
Chicken fillet pieces and chunky vegetables cooked in our homemade mild thai curry sauce. Served with prawn crackers and a choice of rice or chips  
*1/2 and 1/2 £1.50 extra*

**CHICKEN AND CHORIZO PASTA £15.00**  
Tagliatelle Pasta, Chicken fillet pieces tossed in creamy chorizo sauce, served with garlic bread and fresh parmesan.

**PONDO BURGER** **£11.50**

McAtamney's 6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon and melted cheddar cheese served in a brioche bun with homemade chips

## FISH AND VEGETARIAN

**GRILLED SEABASS (C)** **£17.00**

Seabass fillets, served with creamy mash, buttered vegetables, finished with chorizo cream sauce.

**BATTERED COD** **£14.50**

Freshly battered cod fillet, mushy peas, homemade chips and tartar sauce

**DAUBE OF BEEF (C)** **£17.00**

Slowly cooked succulent Irish beef, served with creamy mash, fresh market vegetables and rich pan gravy

**HALLOUMI BURGER (V)** **£12.50**

Grilled halloumi cheese served in a brioche burger bun with lettuce, tomato, chilli mayo with sweet potato fries

**THAI VEGETABLE CURRY (VEGAN, C)** **£11.00**

Chefs selection of vegetables, our homemade mild Thai curry sauce, served with choice of rice or chips  
*1/2 and 1/2 £1.50 extra*

## Steak Selection

All our steaks are supplied by our local butcher McAtamneys. All their meat is handpicked and locally sourced.

Please allow 20 minutes for a well-done steak.

**10oz SIRLOIN STEAK** **£20.00**

**10oz RIB EYE STEAK** **£20.00**

**8oz RUMP STEAK** **£17.00**

All steaks served with grilled tomato, mushrooms, choice of side and sauce.

**COCK AND BULL** **£20.50**

8oz Rump Steak and chicken served with tomato, mushrooms and a choice of side and sauce

## Sides (All £3.50)

CHIPS

GARLIC CHIPS

SALT AND CHILLI CHIPS

FRIES

CHAMP

SWEET POTATO FRIES

FRESH MARKET VEG

TOBACCO ONIONS

TOSSED SALAD

SAUTE MUSHROOMS

MASH

BASMATI RICE

## Sauces (All £2.50)

All sauces are Gluten Free

PEPPERCORN

PAN GRAVY

BACON AND LEEK

BUSHMILLS

CHORIZO CREAM SAUCE

GFO: Gluten Free Option

V: Vegetarian

C: Celiac

N: Contains Nuts